# **Policy: Drink and Drugs Policy**

### 1. Summary

- 1.1. This policy defines WINNS Services Drink and Drugs Policy to ensure it meets requirements.
- 1.2. The Operations Director is responsible for the implementation and management of the Drink and Drugs Policy

Rev.	Date	Nature of Changes	Approved By
1	3 <sup>rd</sup> January 2018	Original issue.	C Stebbing
2	7th September 2021	General update.	C Stebbing
3	7th January 2023	General Updates.	C Stebbing
4	27th February 2023	Full Review.	Full Team

#### 2. POLICY: Drink and Drugs Policy

#### The Legal Framework

As an employer WINNS Services has a duty under:

### The Health & Safety at Work etc Act (1974)

to ensure, so far as reasonably practicable, the health, safety and welfare at work of our employees and to protect others who might be affected by employee actions. Employees also have a personal responsibility to take reasonable care of themselves and others.

#### The Management of Health & Safety at Work Regulations (1999)

to assess and control the risks to the health and safety of our employees.

### • The Road Traffic Act (1988)

states that any person who, when driving or attempting to drive a motor vehicle on a road or other public place, is unfit to drive due to alcohol or drugs is guilty of an offence.

#### • The Misuse of Drugs Act (1971)

is the principal legislation for controlling drugs. Almost all drugs with the potential for dependency or misuse are covered by it. This act makes the production, supply and possession of these controlled drugs unlawful except in certain specified circumstances ie. when prescribed by a doctor.

## 3. Employees' Responsibilities

Employees are responsible for ensuring they are fit for work and remain so during the working day. Employees should inform their manager if they are taking prescription medication or over-the-counter medication that could impact on their ability to work safely and/or perform in their role. If they have a drug or alcohol problem that is having an impact on their work they should discuss the matter with their line manager so their manager can support them in seeking appropriate treatment from Occupational Health, Support Line or other agencies.

They can also discuss issues in confidence with their own doctor, by appointment with WINNS or with one of the independent advice centres.

They should not "cover up" for a colleague with a drug or alcohol problem. If they believe a colleague has a misuse problem or is affected by medication, speak to their line manager in confidence in the first instance.

If they have had an alcohol or substance dependency in the past, they should declare this to their manager. They should have declared this on Their pre-employment health screening document, completed when their offer of employment was made.

### 4. Management Responsibilities

Managers are responsible for monitoring the performance, health, well-being and conduct of staff whilst they are at work. Changes in an employee's behaviour or performance that may be as a result of substance abuse must be monitored and managed according to individual circumstances, including providing guidance and support.

Advice from the Occupational Health Service and Personnel will be sought at an early stage if there are concerns about an employee's health, behaviour or conduct that could be related to substance abuse or the use of prescription medication.

#### 5. Misconduct & Performance Issues

- WINNS will usually treat an alcohol or drugs related problem in the first instance as a medical issue but will consider disciplinary sanctions where there is no co-operation or satisfactory improvement in work performance or behaviour.
- If the employee co-operates in addressing the problem with WINNS support, all reasonable effort will be made to assist the employee in successful rehabilitation. Reasonable effort could include allowing an employee to take unpaid leave to get necessary support; flexible working arrangements to attend support groups or counselling; referral to Occupational Health. Unless there has been serious misconduct or the individual presents a threat or risk to others, disciplinary action will not generally be taken at this stage.
- If an employee refuses treatment, or fails to respond to treatment and work continues to suffer, action under the Disciplinary procedure will be considered.
- Acts of gross misconduct occurring as a result of substance abuse or misuse may result in summary dismissal under WINNS Disciplinary Procedure. Gross Misconduct includes, but is not limited to, assault or other violent behaviour; possession, use, supply or offer of supply of illegal drugs whilst working or being under the influence of alcohol or drugs when undertaking a safety critical role.
- If an employee receives a driving ban for driving whilst under the influence of drugs or alcohol, and they are required to drive for work, the matter should revert to the Performance and Capability procedure in the first instance.
- Where an employee commits an act of misconduct that relates to substance abuse, any
  management investigation will take account of reports following a referral to Occupational
  Health. The circumstances of each case will be considered before any management action
  is taken.

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- 5.1. Where an employee acknowledges a drug or drink related problem, WINNS will make reasonable efforts to assist that employee in a successful rehabilitation, with advice and support from Occupational Health and other specialist services involved in the rehabilitation programme.
- 5.2. Where an employee is diagnosed as having a drug or alcohol problem, a reasonable level of time off will be allowed for counselling or other treatment.
- 5.3. If an employee has successfully completed a course of treatment and later relapses, the line manager will decide whether to support another period of treatment.
- 5.4. If an employee's work responsibilities are seen to be an obstacle to their recovery, then redeployment or temporary alteration to their duties should be considered.
- 5.5. Where medication affects an employee significantly in the workplace, redeployment or temporary alteration to duties should be considered.
- 5.6. If an employee suffers a short-term reaction to the medication, immediate adjustments may be appropriate, which will be subject to review.

### 6. Confidentiality

Any record of treatment will remain strictly confidential between the provider of support and the employee unless the employee agrees otherwise. An agreement will be reached between the manager, the employee and the treatment agency as to what information will be shared. All information will be handled sensitively and only used for its proper purpose and in line with the Data Protection Act 1998.

Signed Date: 27/02/2023

Managing Director